



Preventive care services covered with no member cost-share (updated July 2016)

The Affordable Care Act (ACA, or health care reform law) requires Blue Cross and Blue Shield of Georgia, Inc. and Blue Cross Blue Shield Healthcare Plan of Georgia, Inc. (collectively "BCBSGa") to cover certain preventive care services with no member cost-sharing (copayments, deductibles, or coinsurance).¹ Cost-sharing requirements may still apply to preventive care services received from out-of-network providers.

The list below shares an overview of services, drugs, and pharmacy items covered by BCBSGa under preventive care benefits.¹ Services listed may not be appropriate for all members, as some may be covered based on member age and health condition(s). **These benefits may not apply to grandfathered health plans. Providers should continue to verify eligibility and benefits for all members prior to providing services or receiving member copayments, deductibles, or coinsurance.**

Child preventive care

- **Preventive physical exams**
- **Screening tests**
 - Behavioral counseling to promote a healthy diet
 - Blood pressure
 - Cervical dysplasia screening
 - Cholesterol and lipid level
 - Depression screening
 - Development and behavior screening
 - Type 2 diabetes screening
 - Hearing screening
 - Height, weight and body mass index (BMI)
 - Hemoglobin or hematocrit (blood count)
 - HPV screening (female)
 - Lead testing
 - Newborn screening
 - Screening and counseling for obesity
 - Counseling for those ages 10-24, with fair skin, about ways to lower their risk for skin cancer
 - Oral (dental health) assessment when done as part of a preventive care visit
 - Screening and counseling for sexually transmitted infections
 - Tobacco use: related screening and behavioral counseling
 - Vision screening² when done as part of a preventive care visit
- **Immunizations**
 - Diphtheria, tetanus and pertussis (whooping cough)
 - Haemophilus influenza type b (Hib)
 - Hepatitis A and Hepatitis B
 - Human papillomavirus (HPV)
 - Influenza (flu)
 - Measles, mumps and rubella (MMR)
 - Meningococcal (meningitis)
 - Pneumococcal (pneumonia)
 - Polio
 - Rotavirus
 - Varicella (chicken pox)

Women's preventive care

- Well-woman visits
- Breast cancer, including exam, mammogram, and, including genetic testing for BRCA 1 and BRCA 2 when certain criteria are met⁵
- Breast-feeding: primary care intervention to promote breast-feeding support, supplies and counseling (female)^{4,5,6}
- Contraceptive (birth control) counseling
- FDA-approved contraceptive medical services provided by a doctor, including sterilization
- Counseling related to chemoprevention for women with a high risk of breast cancer
- Counseling related to genetic testing for women with a family history of ovarian or breast cancer
- HPV screening⁵
- Screening and counseling for interpersonal and domestic violence
- Pregnancy screenings: includes but is not limited to gestational diabetes, hepatitis, asymptomatic bacteriuria, Rh incompatibility, syphilis, iron deficiency anemia, gonorrhea, chlamydia and HIV⁵
- Pelvic exam and Pap test, including screening for cervical cancer



Adult preventive care

- **Preventive physical exams**
- **Screening tests**
 - Alcohol misuse: related screening and behavioral counseling
 - Aortic aneurysm screening (men who have smoked)
 - Behavioral counseling to promote a healthy diet
 - Blood pressure
 - Bone density test to screen for osteoporosis
 - Cholesterol and lipid (fat) level
 - Colorectal cancer, including fecal occult blood test, barium enema, flexible sigmoidoscopy, screening colonoscopy and related prep kit, and CT colonography (as appropriate)
 - Depression screening
 - Hepatitis C (HCV) screening for people at high risk for infection and a one-time screening for adults born between 1945 and 1965
 - Type 2 diabetes screening
 - Eye chart test for vision²
 - Hearing screening
 - Height, weight and BMI
 - HIV screening and counseling
 - Lung cancer screening for those ages 55-80 who have a history of smoking 30 packs per year and still smoke, or quit within the past 15 years⁷
 - Obesity: related screening and counseling
 - Prostate cancer, including digital rectal exam and PSA test
 - Sexually transmitted infections: related screening and counseling
 - Tobacco use: related screening and behavioral counseling
 - Violence, interpersonal and domestic: related screening and counseling
- **Immunizations**
 - Diphtheria, tetanus and pertussis (whooping cough)
 - Hepatitis A and Hepatitis B
 - HPV
 - Influenza (flu)
 - Meningococcal (meningitis)
 - Measles, mumps and rubella (MMR)
 - Pneumococcal (pneumonia)
 - Varicella (chicken pox)
 - Zoster (shingles) for those 60 years and older

Pharmacy items

BCBSGa covers certain OTC drugs and other pharmacy items at 100% when the member receiving the item meets certain age and other specified criteria. Members must present a prescription from an in-network doctor or other health care provider to an in-network pharmacy in order for the item to be covered under preventive benefits with 100% coverage (even for items that do not require a prescription to purchase). The preventive items listed below may not be appropriate for every person.

Child preventive drugs and other pharmacy items – age appropriate:

- Dental fluoride varnish to prevent tooth decay of primary teeth for children from birth to 5 years old
- Fluoride supplements for children from birth through 6 years old

Adult preventive drugs and other pharmacy items – age appropriate:

- Aspirin use for the prevention of cardiovascular disease including aspirin for men ages 45-79 and women ages 55-79
- Colonoscopy prep kit (generic or OTC only) when prescribed for preventive colon screening
- Tobacco cessation products including select generic prescription drugs, select brand name drugs with no generic alternative, and FDA-approved over-the-counter products, for those 18 and older
- Vitamin D for men and women over 65



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Women's preventive drugs and other pharmacy items – age appropriate:

- Contraceptives including generic prescription drugs, brand-name drugs with no generic alternative, and over-the-counter items like female condoms or spermicides^{5,8,9}
- Folic acid for women 55 years old or younger
- Low dose aspirin (81mg) for pregnant women who are at increased risk of preeclampsia
- Breast cancer risk-reducing medications following the U.S. Preventive Services Task Force criteria (such as tamoxifen and raloxifene)⁷

¹ The range of preventive care services covered at no cost share when provided in-network are designed to meet the requirements of federal and state law. The Department of Health and Human Services has defined the preventive services to be covered under federal law with no cost-share as those services described in the U.S. Preventive Services Task Force A and B recommendations, the Advisory Committee on Immunization Practices (ACIP) of the Centers for Disease Control and Prevention (CDC), and certain guidelines for infants, children, adolescents and women supported by the Health Resources and Services Administration (HRSA) Guidelines. Members may have additional coverage under their health plan. Providers should verify eligibility and benefits for all members.

² Some plans cover additional vision services. Please verify eligibility and benefits for all members.

³ Review medical policy for details.

⁴ Breast pumps and supplies must be purchased from an in-network medical/DME provider for 100% coverage.

⁵ This benefit also applies to those younger than 19.

⁶ Counseling services for breast feeding (lactation) can be provided or supported by an in-network (participating) provider such as a pediatrician, ob-gyn, family medicine doctor, and hospitals with no member cost-share expense (deductible, copay, coinsurance).

⁷ Prior authorizations may be required for these services.

⁸ A cost-share may apply for other prescription contraceptives, based on member drug benefits.

⁹ The cost share will be waived if the use of the multi-source brand is deemed medically necessary by the member's doctor.